

FOOD INGREDIENTS

STARTERS		
MALTESE PLATTER		OLIVES, ARTICHOKE, SUN DRIED TOMATOES, PEPPERED SHEEP CHEESE, BIGILLA, GALLETTI (WHEAT), MALTESE SAUSAGE
CHICKEN CAESAR SALAD		EGGS, CHICKEN, LETTUCE, PARMIGIANO (MILK), BACON, CROUTON (WHEAT), GARLIC, PEPPER, ONION
FLAN DI ZUCCHINI	GLUTEN FREE	ZUCCHINI, EGGS, CREAM (MILK), GARLIC, ANCHOVIES, EVO, PEPPER
HUMMUS AND PITTA	VEGAN	OLIVE OIL, CUMIN SEEDS, CARROTS, CELERY, CHICKPEAS, PITTA BREAD (WHEAT), CUCUMBER, PEPPER, SESAME
CHÈVRE CHAUD SALAD	VEGETARIAN	LETTUCE, CHERRY TOMATOES, CROUTON (WHEAT), GOAT CHEESE (MILK), PEPPER
CARPACCIO DI TONNO	GLUTEN FREE	RAW TUNA, LEMON, EVOO, SALAD, PEPPER
PARMIGIANA DI MELANZANE	GF - VEGETARIAN	AUBERGINE, TOMATO, PARMIGIANO (MILK), BASIL, MOZZARELLA
BOCCONCINI DI SCAMORZA	GLUTEN FREE	PARMA HAM, SCAMORZA CHEESE (MILK), PEPPER
TRICOLORE	GLUTEN FREE	PARMA HAM, TOMATOES, BUFFALO MOZZARELLA, BASIL, EVOO
CARROT SALAD	GF - VEGAN	ALMONDS, CARROTS, DATES, EVO, ORANGE BLOSSOM
VELLUTATA DI ZUCCA	VEGAN	ONION, PUMPKIN, POTATOES, CELERY, GARLIC, CROUTONS (WHEAT)
BRESAOLA	GLUTEN FREE	CURED BEEF, ROCKET SALAD, PARMIGIANO (MILK), EVOO, PEPPER
INSALATA GRECA	GF - VEGETARIAN	LETTUCE, TOMATO, CUCUMBER, ONION, OLIVES, YOGURT (MILK), FETA, GARLIC
OSLO SALAD	GLUTEN FREE	LETTUCE, FRESH ORANGE, CUCUMBER, SMOKED SALMON, PISTACHOS
RUCOLA SALAD	GF - VEGAN	ROCKET SALAD, CHERRY TOMATOES
GARDEN SALAD	GF - VEGAN	LETTUCE, CUCUMBER, TOMATOES, CARROTS, ONIONS, OLIVES
MIX GRILLED VEGETABLES	GF - VEGAN	CELERIAC, BELL PEPPER, AUBERGINES, ZUCCHINI, MUSHROOMS, PEPPER
PASTA AND RISOTTO		
FETTUCCHINE CONIGLIO		EGGS, WHEAT, RABBIT MEAT, TOMATO, RED WINE, ONION, GARLIC, CARROT, CELERY, BAY LEAF, GARDEN PEAS, PEPPER
RAVIOLI POMODORO	VEGETARIAN	EGGS, WHEAT, MILK, GARLIC, CELERY, BAY LEAF, TOMATO SAUCE, BASIL
RAVIOLI GRANCHIO E GAMBERI		EGGS, WHEAT, SEPIA INK, RICOTTA CHEESE, SHRIMPS, CRAB, ZUCCHINI, CELERY, TOMATO, PARSLEY
RAVIOLI AL BRASATO		EGG PASTA FILLED, BEEF, WINE, CELERY, ONION, GARLIC, CARROT, BUTTER (MILK), HAZELNUT
RAVIOLI BEETROOT	VEGAN	FLOUR, WHEAT, BEETROOT, POTATOES, ROSEMARY, GARLIC, ASPARAGUS, TOMATOES, EVOO, SALT, PEPPER, PARSLEY
TAJARIN TARTUFO	VEGETARIAN	EGGS, WHEAT, MILK, TRUFFLE, MUSHROOMS, GARLIC
SPAGHETTI SCOGLIO		PRAWNS, WHEAT, EVOO, GARLIC, CLAMS, PARSLEY, TOMATO SAUCE, MUSSELS, SQUID, PEPPER
LASAGNA		WHEAT, BUTTER, MILK, COURGETTES, MOZZARELLA, PORK MEAT, ONIONS, GARLIC, SPICES, PEPPER
PENNE ANACLETO	VEGAN	WHEAT FLOUR, CASHEWNUITS, TURMERIC, EVO, SALT, PEPPER, SUN DRIED TOMATOES
BEETROOT RISOTTO	GF - VEGAN	CARNAROLI RICE, BEETROOT, COCONUT CREAM, EVO, CELERY, ONION, CARROT, GARLIC
CASERECCE ARCOBALENO	VEGAN	WHEAT FLOUR, SPIRULINA, COCONUT CREAM, CHICKPEAS, BELL PEPPERS
TAGLIATELLE BOLOGNESE		EGGS, WHEAT FLOUR, BEEF MEAT, TOMATO, RED WINE, ONION, GARLIC, CARROT, CELERY, BAY LEAF, PEPPER
PENNE ARRABBIATA	VEGAN SPICY	WHEAT FLOUR, TOMATO, CELERY, GARLIC, BAY LEAF, CHILLY, PARSLEY, PEPPER
GNOCCHI AI FORMAGGI	VEGETARIAN	POTATOES, WHEAT, MILK, GORGONZOLA, PARMIGIANO, PEPPER
RISOTTO FUNGHI	GF - VEGETARIAN	CARNAROLI RICE, EVOO, GARLIC, CELERY, PORCINI MUSHROOMS, CHAMPIGNON MUSHROOMS, PARMIGIANO (MILK), PEPPER
RISOTTO FRUTTI DI MARE	GLUTEN FREE	CARNAROLI RICE, ONION, CARROT, CELERY, TOMATO, GARLIC, PRAWNS, MUSSELS, SQUID, PEPPER
GNOCCHI AL POMODORO	VEGAN	POTATOES, WHEAT, TOMATO SAUCE, BASIL, GARLIC
SPAGHETTI ALL'ORTOLANA	VEGAN	WHEAT, EVOO, GARLIC, ASPARAGUS, OLIVES, AUBERGINES, TOMATO SAUCE, PEPPER
ORECCHIETTE AI BROCCOLI	VEGAN	WHEAT, EVOO, GARLIC, TOMATO SAUCE, BROCCOLI
PENNE POMODORO	VEGAN	WHEAT, TOMATO SAUCE, GARLIC
SPAGHETTI MEAT BALLS	VEGAN	WHEAT FLOUR, BEYOND MEAT, GARLIC, CELERY, BAY LEAF, TOMATO SAUCE
PENNE WHITE CREAM	VEGETARIAN	BUTTER, CREAM (MILK), PARMIGIANO
PIZZA - BURGERS		
BUFALA E CRUDO		WHEAT, TOMATO, BUFALA (MILK), PARMA HAM, ROCKET SALAD
MARGHERITA	VEGETARIAN	TOMATO, MOZZARELLA, BASIL, WHEAT
DIAVOLA	SPICY	TOMATO, MOZZARELLA, PEPPERONI, CHILLY, WHEAT, PEPPER
MALTESE		TOMATO, MOZZARELLA, PORK SAUSAGE, WHEAT, PEPPER
CAPRICCIOSA	VEGETARIAN	TOMATO, MOZZARELLA, MUSHROOMS, ARTICHOKE, OLIVE, WHEAT
TONNO E CIPOLLE		TOMATO, MOZZARELLA, TUNA, ONIONS, WHEAT
QUATTRO FORMAGGI	VEGETARIAN	TOMATO, MOZZARELLA, BLUE CHEESE, PARMIGIANO, PEPPERED CHEESELET, PEPPER
SANT'AGATHA	VEGAN	TOMATO, MUSHROOMS, ARTICHOKE, OLIVES, SUN DRIED TOMATOES, AUBERGINES, WHEAT
LOULOU	VEGAN	ROCKET SALAD, EVOO, ONIONS, CHERRY TOMATO, GARLIC, ALMOND, CAPER, WHEAT
CHICKEN NUGGETS		BATTERED CHICKEN BREAST, WHEAT, EGGS, FRIES
SPICED CHICKPEA CURRY	VEGAN	EVOO, PEPPER, CHICKPEA, ONION, TOMATO, CUMIN, CURRY, CORIANDER, CHILLY, COCONUT MILK, PARSLEY, RICE
CHICKEN CURRY		EVOO, PEPPER, CHICKEN, ONION, BELL PEPPER, TOMATO, CUMIN, CURRY, CORIANDER, CHILLY, CREAM, PARSLEY, RICE
BEYOND BURGER	VEGAN	WHEAT, SESAME SEEDS, BEYOND MEAT PATTY, SALAD, OLIVES, CAPERS, SUN DRIED TOMATOES, HUMMUS, AUBERGINES, ONION, POTATOES
BEEF BURGER		WHEAT, SESAME SEEDS, BEEF MEAT, SALAD, PARMIGIANO, OLIVES, CAPERS, SUN DRIED TOMATOES, AUBERGINES, ONIONS, POTATOES, PEPPER
RABBIT BURGER		WHEAT, SESAME SEEDS, RABBIT MEAT, PORK MEAT, SALAD, PARMIGIANO, OLIVES, CAPERS, SUN DRIED TOMATOES, AUBERGINES, ONIONS, POTATOES, PEPPER
MEAT AND FISH		
CONIGLIO MALTESE	GLUTEN FREE	RABBIT MEAT, ONION, CARROT, CELERY, BAY LEAF, GARLIC, TOMATO SAUCE, RED WINE, ROSEMARY, PEPPER
POLLO GRIGLIATO	GLUTEN FREE	CHICKEN BREAST, GARLIC, PAPRIKA, SALT, PEPPER, EVO
STINCO DI AGNELLO	GLUTEN FREE	LAMB SHANK, BUTTER, GARLIC, ROSEMARY, WHITE WINE, CARROTS, CELERY, ONIONS, BAY LEAVES, PEPPER, TOMATO PASTE
BRASATO	GLUTEN FREE	BEEF MEAT (ONION, GARLIC, CELERY, CARROT, BAYLEAVES), RED WINE, PEPPER
FEGATINI	GLUTEN FREE	RABBIT LIVERS, ONION, BUTTER, BRANDY, BAYLEAVES, GARLIC, PEPPER
BRAGIOLI		BEEF, FLOUR (WHEAT), CHEESE (MILK), TOMATO, GARLIC, ONION, CELERY, EGGS, PEPPER
CHILI SIN CARNE	GF - VEGAN	BEYOND MEAT MINCED, KIDNEY BEANS, CANNELLINI BEANS, SWEET CORN, TOMATO SAUCE, HOT CHILI
BEYOND SAUSAGES	GF - VEGAN	BEYOND MEAT SAUSAGE, CABBAGE, ONION, VINEGAR, CLOVES, GARLIC, EVO, SWEET POTATOES, APPLE MUSTARD
BEYOND CHICKEN TENDERS	VEGAN	WHEAT FLOUR, BEYOND CHICKEN TENDERS
RIB EYE	GLUTEN FREE	BEEF MEAT, EVOO, PEPPER
SAUCES	GLUTEN FREE	MUSHROOMS = CREAM (MILK), GARLIC, PEPPER BLUE CHEESE = GORGONZOLA (MILK), CREAM (MILK) GREEN PEPPER = CREAM (MILK), PEPPER
POLPO IN UMIDO	GLUTEN FREE	OCTOPUS, TOMATO SAUCE, RED WINE, CELERY, GARLIC, PEPPER, ONIONS, OLIVES, CAPERS
SPADA	GLUTEN FREE	SWORD FISH, TOMATO, AUBERGINE, CAPERS, OLIVES, EVOO, PEPPER, GARLIC
ORATA	GLUTEN FREE	SEABREAM, EVOO, CAPERS, ALMOND, GARLIC, PEPPER
DESSERTS		
PANNA COTTA	GLUTEN FREE	MILK, CREAM, SUGAR
KANNOLI		WHEAT, RICOTTA CHEESE, SUGAR, CHOCOLATE, PISTACHIOS
MACEDONIA	GF - VEGAN	PINEAPPLE, PEACHES, APPLES, BANANAS, GRAPES, SUGAR, LEMON
BABA'		BRIOCHE (WHEAT), SUGAR, LIQUOR (RUM), CREAM (MILK), PISTACHOS
BONET		EGGS, MILK, COCOA POWDER, SUGAR, AMARETTI BISCUITS (ALMONDS), WHEAT
TIRAMISU		LADY FINGERS BISCUITS, COFFEE, MASCARPONE (MILK), COCOA POWDER, SUGAR, EGGS
AFFOGATO	GLUTEN FREE	MILK, EGG, SUGAR, VANILLA, CHOCOLATE POWDER
CHOCOLAT FONDANT		DARK CHOCOLATE, BUTTER (MILK), WHEAT FLOUR, EGGS, SUGAR
ICE CREAM	GLUTEN FREE	MILK, EGG, SUGAR, VANILLA, CHOCOLATE
STRAWBERRY COCONUT CAKE	GF - VEGAN	STRAWBERRIES, CASHEW NUTS, COCONUT, CACAO BUTTER, HIMALAYAN SALT, VANILLA PODS, RAW CACAO, RAW AGAVE SYRUP
LEMON CHEESE CAKE		MILK, EGG, SUGAR, CHOCOLATE, NUTS, BISCUITS, LEMON, WHEAT
CHOCO NUTTY CAKE	GF - VEGAN	RAW CACAO, HAZELNUTS, CASHEW NUTS, ALMONDS, RAISINS, DATES, CACAO BUTTER, COCONUT OIL
CARROT CAKE		MILK, BUTTER, EGG, SUGAR, WHEAT, CARROTS, ALMONDS, CINNAMON

